

# Helping Hands

## El Paso County Community Resources

The Helping Hands El Paso County Community Resources guide is managed by Pikes Peak Library District. Contact the library for updates. You can also call 211 information and referral service at 211 or 719-955-0742 for resource referrals.

### Child Care Information

Child Care Resource and Referral (Colorado Shines) ... 1-877-338-2273  
 Colorado Child Care Assistance Program .....719-846-2276  
 CPCD *giving children a head start*..... 719-635-1536  
 Pikes Peak Region Family Child Care Association .....719-475-8828

### Clothing & Hygiene

Catholic Charities – Family Connections @ Helen Hunt Campus (kids) ..... 719-636-2345  
 Church of the Lord of Glory .....719-635-1057  
 Community Outreach Center (Calhan) .....719-347-7638  
 Crossfire Ministries .....719-447-1806  
 God’s Pantry (Fountain) .....719-392-0643  
 Goodwill Stores .....719-635-4483  
 Life Network – Family Thrift Store .....719-344-9904  
 Mercy’s Gate .....719-277-7470  
 Salvation Army (no vouchers).....719-574-4335  
 Seventh Day Adventist Community Center .....719-578-5616  
 Springs Rescue Mission.....719-632-1822  
 The Place – Drop In Center .....719-244-3959

### Crisis Services

Cedar Springs Hospital (mental health crisis).....719-633-4114  
 Colorado Crisis Services (mental health crisis) ..... 1-844-493-8255  
 Crossroads Detox Center .....719-419-7959  
 Diversus Health (Lighthouse – crisis danger to self) .....719-572-6100  
**Emergency** ..... **911**  
 Kingdom Builder’s (dom. violence) (24 hrs).....719-247-8190  
**Mental Health Emergency** ..... **988**  
 Peak View Behavioral Health (mental health crisis) .... 1-888-235-9475  
 Pikes Peak Suicide Prevention Partnership..... 1-844-493-8255  
 Safe2Tell ..... 1-877-542-7233  
 TESSA (domestic violence & sexual assault) (24 hrs) .....719-633-3819  
 Trans Lifeline ..... 1-877-565-8860  
 The Trevor Project (LGBTQ+)..... 1-866-488-7386  
 Veterans Crisis Line ..... dial 988 then press 1

### Domestic Violence Services

Centro de la Familia .....719-227-9170  
 Haseya Advocate Program (Native American only).....719-600-3939  
 Kingdom Builder’s Family Life Center.....719-247-8190  
 TESSA.....719-633-3819  
 Voces Unidas for Justice .....720-588-8219

### Emergency Services

Adult Protective Services (hotline)..... 1-833-401-0832

### Emergency Services (cont.)

Catholic Charities – Family Connections @ Helen Hunt Campus (families) ..... 719-636-2345  
 Catholic Charities – Marian House (adult individuals).....719-475-7314  
 Child Abuse (hotline) .....1-800-422-4453  
 Colorado Springs Police Dept .....719-444-7000  
 CSPD (Homeless Outreach Team) .....719-444-7666  
 CSPD (Victim Advocacy) .....719-444-7777  
 Colorado State Patrol.....303-239-4501  
 Diversus Health (mental health) .....719-572-6100  
 El Paso County Dept. of Human Services .....719-636-0000  
 El Paso County Sheriff’s Dept.....719-390-5555  
 Haseya Advocate Program (Native American only).....719-600-3939  
 KPC Respite Center.....719-634-5439  
 Planned Parenthood .....719-475-7162  
 Silver Key Senior Services .....719-884-2300

### Employment & Training

Catholic Charities – English as a Second Language.....504-356-3171  
 Catholic Charities – Hanifen Employment Center @ Marian House ..... 719-636-2345  
 Center for Employment Opportunities .....719-694-5450  
 Colo. Division of Vocational Rehabilitation .....719-635-3585  
 Community Works – Colorado Springs .....719-203-4758  
 Goodwill Career Development Program .....719-393-3865  
 Pikes Peak Workforce Center.....719-667-3700  
 Senior Comm. Service Employment Center (AARP).....719-635-3579  
 Urban League of Pikes Peak Region .....719-634-1525  
 Voces Unidas for Justice .....720-588-8219

### Financial Assistance

Catholic Charities – Hanifen Center @ Marian House.....719-636-2345  
 Greccio Housing..... 719-475-1422, ext 107  
 Mercy’s Gate .....719-277-7470  
 Mt. Carmel Veterans Service Center .....719-772-7000  
 Pikes Peak Veteran Housing Fund .....719-323-2600  
 The Place (youths up to age 25) .....719-630-3223  
 The Resource Exchange .....719-380-1100  
 Rocky Mountain Human Services (veterans) .....855-838-7428  
 Silver Key Senior Services .....719-884-2300  
 Southern Colorado Health Network (ind. with HIV).....719-578-9092  
 Tri-Lakes Cares (Tri-Lakes area and District 38).....719-481-4864  
 Volunteers of America (veterans).....719-491-1974  
 Westside CARES .....719-389-0759

# Helping Hands

## El Paso County Community Resources

The Helping Hands El Paso County Community Resources guide is managed by Pikes Peak Library District. Contact the library for updates. You can also call 211 information and referral service at 211 or 719-955-0742 for resource referrals.

### Food

Action in Action Ministries .....	719-619-9412
Bethany Baptist Church.....	719-634-7232
Black Forest Lutheran Church.....	719-495-2221
Care and Share.....	719-528-1247
Catholic Charities – Marian House Soup Kitchen (hot daily meals) .....	719-475-7314
Catholic Charities – Market Place Food Pantry.....	719-636-2345
Crossfire Ministries .....	719-447-1806
Deerfield Hills Community Center.....	719-385-5996
Divine Redeemer Catholic Church.....	719-633-5559
Eastborough Food Pantry .....	719-596-1929
Eastern Plains Community Pantry (Calhan) .....	719-347-3062
Food to Power Hillside Hub .....	719-470-2737
Fresh Start Center (Falcon, Peyton).....	719-495-3123
God’s Pantry (Fountain).....	719-382-0643
Good News Foundation.....	719-638-8985
Good Shepherd United Methodist Church.....	719-392-5782
Holy Cross Lutheran Church.....	719-596-0661
Manna Ministries.....	850-432-2053
Meadows Park Community Center.....	719-385-7940
Mercy’s Gate .....	719-277-7470
Project Angel Heart .....	866-632-9992
Salvation Army.....	719-636-3891
Salvation Army – Fountain Valley .....	719-382-1182
Seventh Day Adventist Community Center.....	719-578-5616
Silver Key Senior Services .....	719-884-2300
Spring Rescue Mission.....	719-632-1822
St. Dominic Catholic Church (Security-Widefield).....	719-392-7653
St. John’s Food Pantry.....	388-634-5687
St. Patrick’s Catholic Church .....	719-598-3595
Tri-Lakes Cares (Tri-Lakes area and District 38).....	719-481-4864
Trinity United Methodist Church .....	719-633-9295
True Spirit Baptist Church.....	719-575-9287
Voces Unidas for Justice .....	720-588-8219
Westside CARES.....	719-389-0759
WIC Program, El Paso County Health .....	719-578-3199

### Justice Involved Services

Colorado Laser Clinic – Gang Tattoo Removal Prog. (under 25).....	719-596-4000
Colorado Springs Teen Court.....	719-475-7815
ComCor, Inc. ....	719-473-4460
Community Alternatives of El Paso County.....	719-390-1303
Dept of Corrections, Community Re-Entry .....	719-633-1469, ext 2325
Gateway Through the Rockies.....	719-390-2129
Mercy Today Ministries (Cañon City).....	719-276-9242

PPLD (Rev. 08/01/2022)

### Justice Involved Services (cont.)

Remerg .....	970-776-5267
Zebulon Pike Youth Service Center .....	719-329-6924

### Legal Information & Advice

The ARC (developmentally disabled) .....	1-855-828-8476
Catholic Charities – Hanifen Center @ Marian House.....	719-636-2345
Catholic Charities – Legal Immigration Counseling .....	719-636-2345
Child Support Services (El Paso County).....	719-457-6331
Colorado Child Protection Ombudsman.....	720-625-8640
Colorado Cross-Disability Coalition .....	303-869-1775
Colorado Legal Services.....	719-471-0380
Disability Law Colorado .....	303-722-0300
Family Court Facilitators.....	719-452-5104
The Justice Center .....	719-473-6212
Neighborhood Justice Center (mediation).....	719-520-6000
Pro Se Self-Help Center .....	719-452-5000
Public Defenders Office .....	719-475-1235
TESSA (domestic violence) .....	719-633-1462

### Medical

Ascending to Health (respite care) .....	719-633-2800
Catholic Charities – Hanifen Center @ Marian House.....	719-636-2345
Colorado Community Health Alliance .....	719-598-1540
Colorado Springs Pregnancy Center.....	719-591-2724
Westside .....	719-623-2870
Community Dental Health.....	719-310-3315
Diversus Health (mental health).....	719-572-6100
DNA Testing .....	719-457-6331
Dream Center (Women’s Clinic).....	719-388-1594
El Paso County Public Health .....	719-578-3199
Grandview Hospital.....	719-365-3300
Health First Colorado (Medicaid & CHP+).....	303-488-0034
Independence Center .....	719-471-8181
Memorial Hospital Health Link.....	719-444-2273
Memorial Hospital Central .....	719-365-5000
Mission Medical (low-income) .....	719-219-3402
National Alliance on Mental Illness .....	1-800-950-6264
Open Bible Medical Clinic.....	719-475-0972
Peak View Behavioral Health.....	719-444-8484
Peak Vista Community Health Centers .....	719-632-5700
Peak Vista Dental Health Center .....	719-475-0783
Penrose Hospital.....	719-776-5000
Planned Parenthood – Westside Health Center .....	719-475-7162
PPACG – AAA Senior Insurance Assistance.....	719-471-7080
Rocky Mountain Health Care.....	719-314-2327
SET Family Medical Clinics .....	719-776-8850
SET Homeless Clinic .....	719-776-8850

# Helping Hands

## El Paso County Community Resources

The Helping Hands El Paso County Community Resources guide is managed by Pikes Peak Library District. Contact the library for updates. You can also call 211 information and referral service at 211 or 719-955-0742 for resource referrals.

### Medical (cont.)

Southern Colorado Health Network – HIV Education, Prevention, & Care Services .....	303-837-1501
St. Francis Hospital .....	719-571-1000
Tri-Lakes Cares .....	719-481-4864
Westside CARES.....	719-389-0759

### Mental Health

Another Life Foundation .....	719-216-7238
Cedar Springs Hospital.....	719-633-4114
Colorado Community Health Alliance .....	303-256-1717
Diversus Health .....	719-572-6100
National Alliance on Mental Illness (NAMI) .....	1-800-950-6264
Peak View Behavioral Health.....	719-444-8484
Pikes Peak Suicide Prevention Partnership.....	719-573-7447

### Miscellaneous Counselling

Catholic Charities – Adoption & Pregnancy Counseling..	719-636-2345
Catholic Charities – Life Connections Pathways to Healing Individual, Family, & Couples.....	719-866-6535
Catholic Charities – Life Support Center (pregnancy).....	719-578-1222
Center on Fathering .....	719-634-7797
Colo. Division of Vocational Rehabilitation (disabled).....	719-635-3585
Colorado Springs Pregnancy Center.....	719-591-2724
Westside .....	719-623-2870
Community Outreach Center (Calhan) .....	719-347-7638
Consumer Credit Counseling Services .....	719-633-3100
Diversus Health (mental health) .....	719-572-6100
Dos Madres – RESTORE .....	719-325-9872
El Paso County Public Health.....	719-578-3199
Genetic Counseling (Memorial Hospital).....	719-365-6845
Homeward Pikes Peak Addiction Recovery .....	719-473-5557
Independence Center (disabled).....	719-471-8181
Inside Out (LGBTQ+) .....	719-328-1056
Kingdom Builder’s Fam. Life Center (dom. violence) .....	719-247-8190
Lutheran Family Services (Pregnancy, Parenting, & Adoption Services) .....	719-227-7571
Neighborhood Justice Center (mediation) .....	719-520-6000
Peer Connect.....	303-503-5958
Phoenix Multisport (drug & alcohol).....	720-440-9175
Sandstone Care .....	202-335-8909
Servicios de la Raza.....	303-458-5851
Silver Key Senior Services .....	719-884-2300
Spring Recovery Connection .....	719-465-2295
TESSA (domestic violence) .....	719-633-1462
The Place – Drop In Center .....	719-244-3959
Voces Unidas for Justice .....	720-588-8219

### Parenting and Pregnancy

Catholic Charities – Adoption & Pregnancy Counseling ..	719-636-2345
Catholic Charities – Life Connections Pathways to Healing Individual, Family, & Couples.....	719-636-2345
Catholic Charities – Life Support Center (pregnancy) .....	719-636-2345
Center on Fathering .....	719-634-7797
Child Abuse (hotline).....	1-800-422-4453
Colorado Safe Haven for Newborns.....	1-888-510-2229
Colorado Springs Pregnancy Center.....	719-591-2724
Westside .....	719-623-2870
Life Network .....	719-591-2609
Lutheran Family Services (Pregnancy, Parenting, & Adoption Services) .....	719-227-7571
Planned Parenthood – Westside Health Center .....	719-475-7162
Safe Families .....	303-209-8475

### Senior Services

Calhan Senior Services.....	719-347-2221
Colorado Springs Senior Center .....	719-955-3400
Fountain Valley Senior Center .....	719-600-2644
PPACG – Area Agency on Aging (AAA) .....	719-471-2096
AAA Senior Information & Assistance .....	719-471-2096
AAA Senior Insurance Assistance.....	719-635-4891
AAA Family Caregiver Support Center.....	719-886-7526
AAA Ombudsman Program (advocates for long-term care facility residents) .....	719-471-2096
Rocky Mountain PACE.....	719-314-2327
Salvation Army Senior Center (meals & activities).....	719-636-3891
Senior Comm. Service Employment Program (AARP).....	719-635-3579
Silvercrest (low-income senior housing).....	719-389-0329
Silver Key Senior Services .....	719-884-2300
University of Colorado Aging Center.....	719-255-8002
211 Pikes Peak United Way (information resource).....	211 or
From your cell phone.....	719-955-0742

### Shelter & Housing

Colorado Housing & Finance Authority.....	303-297-2432
Crawford House (veterans).....	719-477-1639
Dale House Project (youth) .....	719-471-0642
Family Life Services (single mothers).....	719-632-4661
Family Promise (transitional housing for families) .....	719-329-1244
Gospel Homes for Women (Christian home for women) ..	719-291-3406
Greccio Housing.....	719-475-1422
Homeward Pikes Peak.....	719-473-5557
Housing Authority (Colorado Springs).....	719-387-6700
Housing Authority (Fountain) .....	719-382-5639
Kingdom Builders Fam. Life Center (dom. violence) .....	719-247-8190
Ithaka (single men).....	719-578-1629

# Helping Hands

## El Paso County Community Resources

The Helping Hands El Paso County Community Resources guide is managed by Pikes Peak Library District. Contact the library for updates. You can also call 211 information and referral service at 211 or 719-955-0742 for resource referrals.

### Shelter and Housing (cont.)

Mary’s Home (homeless single mothers) .....	719-301-5411
Partners in Housing (families) .....	719-473-8890
The Place (formerly Urban Peak) (youth ages 15-20)	
Daytime number .....	719-630-3223
After hours number .....	719-205-7129
Pikes Peak Habitat for Humanity.....	719-475-7800
Rocky Mountain Community Land Trust.....	719-447-9300
Rocky Mountain Human Services (veterans) .....	1-855-838-7420
Salvation Army RJ Montgomery Center (shelter) .....	719-578-9190
Salvation Army (transitional housing).....	719-635-1287
Springs Rescue Mission.....	719-632-1822
TESSA (domestic violence) .....	719-633-1462

### Substance Abuse

Colorado Community Health Alliance .....	719-598-1540
Colorado Springs Alcoholics Anonymous.....	719-573-5020
Crossroads Detox Center .....	719-203-6550
Diversus Health .....	719-572-6100
Front Range Clinic .....	719-419-7735
Homeward Pikes Peak Addiction Recovery .....	719-473-5557
Oxford House (sober living - multiple locations) .....	1-800-689-6411
Phoenix Multisport (drug & alcohol).....	719-434-3387
Pikes Peak Area of Narcotics Anonymous .....	719-637-1580
Sandstone Care .....	719-445-3260
Springs Recovery Connection .....	719-465-2295

### Transportation

Calhan Senior Services (seniors).....	719-347-2221
Envida.....	719-633-4677
Fountain Valley Senior Center (seniors).....	719-600-2644
IntelliRide – Health First Colorado .....	719-766-4660
Mountain Metro Mobility (disabled) .....	719-385-7433
Silver Key Para Transit (seniors).....	719-884-2300

### Veterans Services

Crawford House .....	719-477-1639
Home Front Military Care Network .....	719-577-7417
Mt. Carmel Veterans Service Center.....	719-772-7000
Pikes Peak Veterans Housing Fund.....	719-323-2600
PFC Floyd K. Lindstrom Outpatient Clinic.....	719-327-5660
Rocky Mountain Human Services .....	1-855-838-7428
UCCS Veterans Health & Trauma Clinic.....	719-255-8003
Veterans Administration.....	719-471-9992
Volunteers of America .....	719-491-1974

### Weatherization & Utilities

Brothers Redevelopment .....	719-888-9134
Catholic Charities – Hanifen Center @ Marian House.....	719-636-2345
Community Outreach Center (Calhan).....	719-347-7638
Energy Resource Center .....	719-591-0772
LEAP.....	1-866-432-8435
Mercy’s Gate .....	719-277-7470
Project COPE .....	719-448-4800
Red Cross .....	719-632-3563
Salvation Army .....	719-636-3891
Salvation Army (Fountain Valley) .....	719-382-1182
Silver Key Senior Services.....	719-884-2300
Tri-Lakes Cares (Tri-Lakes area and District 38).....	719-481-4864
Westside CARES .....	719-389-0759