

Zeal Church

# Trinidad & Tobago Mission Trip

## Dear Missionary

Look inside for a letter written from our missions pastor to you!

## Packing List

What are you supposed to bring on a Mission Trip? We have the Answer!

Want some Facts and Stats from Trinidad and Tobago?

Here is your information packet and everything that you need to know about our first Mission Trip here at Zeal Church!

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# Dear Short-Term Missionary,

## *Our Letter to you*



We are so glad you have decided to participate in our first mission trip to Trinidad and Tobago! No matter how many or how few trips you've been on, there's always a mixture of anticipation and nervousness at what God has in store.

As ambassadors for Christ and visitors to another country, it is essential to be sensitive to the cultural and moral standards and protocols of the people you'll be visiting. The following information includes some helpful tips on how best to do this. On this trip, you will work with local churches, interceding on behalf of the nation and going home to home with the Gospel. Any trip requires a certain degree of flexibility, so any itinerary is subject to change.

May God's peace and presence be with you as you get ready. We look forward to the privilege of working with you as you prepare.

Please feel free to call or email me with any questions.  
Pastor James Neal  
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James@zealchurch.com

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Feel free to use long paragraphs,  
or break them up

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# Purpose:

# What is our

# Why?

To provide a cross-cultural mission experience for American Christians. These Christians will be trained on how to encounter God, encounter His mission, and encounter people. This one-week experience is meant to be a training session with practical application that will be lived out in the participants' lives as they return home to the USA.





Dates:



June 9th-17th

Location:



Trinidad and Tobago

Gospel Deliverance  
Ministry Center

Cost:



\$800.00 to EHC + Airfare

Upon turning in your funds  
Zeal will distribute your  
funds and purchase your  
tickets

Outreach



Home to Home visitations

- Hospital Outreach
- School visitation
- Jail visitations

# Tenative Schedule

## Sunday

Noon- Lunch

1:30 PM- 3:00 PM - Assimilation and Introduction

3:30 PM - Worship/Prayer Service- Tabernacle of Prayer

6:00 PM - Dinner at w/ Tabernacle of Prayer

7:00 PM - Return to GDM- Free time

## Monday - Thursday

8:00 AM Breakfast

9:30 AM -12:00 PM ENCOUNTER God/Mission Training (worship, prayer, instruction)

12:00 PM - 1:30 PM Lunch

1:30 PM - 6:00 PM ENCOUNTER People (outreach, prayer, evangelism, service)

6:00 PM Dinner

7:00 PM Free Time

## Friday:

8:00 AM Breakfast

8:30 AM - 10:30 AM Clean Up and Check out

10:30 AM -12:00 PM Travel to Maracas Bay

Noon Lunch- On the Beach

12:00 PM- 4:30 PM Free Time

4:30 PM-6:00 PM Travel to Trin City Mall- Dinner and Shopping

8:00 PM- Head to the Airport

(return home flight leaves at 12:30 AM- so Friday, we head to the airport and board the plane at 12:30 am Saturday)

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*"I say something, and then it usually happens. Maybe not on schedule, but it usually happens"*

# Packing List

You will enjoy your trip more if you bring a minimal amount of luggage. Here are some tips to help you pack as lightly and appropriately as possible:

- To keep your luggage contents dry, pack clothing and other items in plastic bags inside your luggage. This also helps conserve space.
- Remember to pack documents (such as tickets and passports), valuables, and medicine in your carry-on luggage. Your trip leader will advise you about how best to protect your valuables when necessary.
- Bring wrinkle-resistant clothes that you can easily spot-clean. Upon arriving at the hotel, shake out and hang your clothes.
- The maximum weight per checked bag varies by airline, and most airlines charge extra for each checked bag. Consider researching your airline's weight limitations and costs per checked bag.
- If you have space, include a soft, collapsible bag to carry anything extra you want to take home, like gifts or souvenirs.
- We recommend using TSA-approved luggage locks. Due to mandatory screenings, the TSA has banned locks on all checked baggage. We suggest you purchase a TSA-approved lock, which is available in numerous brands and clearly labeled on the packaging. These approved locks provide access for the TSA to screen baggage by using a master key without cutting the lock.



# Respecting The Trinidadian People

The wonderful thing about travel is the opportunity to experience firsthand the uniqueness of a specific point on the globe. Here we've compiled a short list of tips to help you smoothly integrate into the Trinidadian culture.

- Depending on which of the two islands you consult, the nation's people may call themselves either "Trinidadian" or "Tobagonian." Trinidadians will also refer to themselves as "Trinis."
- In general, punctuality is of low importance in Trinidadian culture. "Trinidad time" refers to routine lateness, and phrases like "in a little bit" are taken more loosely than in the U.S.
- The Trinidadian people are generous with food and hospitality. Remember to eat what is offered to you with expressed gratefulness. (Trinidadian food is typically delicious, so this should not present any difficulty.)
- If you encounter a situation in which haggling is acceptable, remember to smile, laugh, and be friendly. A good phrasing to remember is, "I am too poor to afford such fine quality."
- Refer to fellow believers as Brother (first name) or Sister (first name), unless otherwise directed.
- Because Trinidad & Tobago comprises such diverse peoples, making all-encompassing recommendations about respecting its culture is difficult. Above all, we suggest a general  
An attitude of humility and grace.

# Facts and Stats of Trinidad and Tobago

Because of Trinidad & Tobago's history of peoples from India, the Caribbean, and Africa, Trinidadian cuisine is infused with various flavors. Roti, a flatbread originating from India, is a popular dish often served with a combination of garbanzo beans, roasted eggplant, roasted tomatoes, and garlic. A typical street food, "doubles" are made with chickpeas or garbanzo beans, served between two pieces of fried flatbread, and garnished with spicy chutney. Other noted Trinidadian dishes include shark and bake, callalou, and a vast selection of fish. Trinidadians do not skimp on food, and travelers are made to feel welcome with their abundant hospitality.

Trinidad & Tobago enjoys a generally pleasant maritime tropical climate. Just outside the hurricane belt, Trinidad avoids the path of most major storms. In the summer, the temperature hovers in the eighties during daytime hours. The humidity is high, particularly during the rainy season, which begins in June. Rain showers should be expected during morning hours, usually clearing out after a couple of hours to make room for the hot Caribbean sun.

## STATS

- Population: 1,526,000
- Languages: English, Trinidadian Creole
- Predominant Religions: Christian, Hindu
- Time Zone: GMT -4 hrs. Eastern Time +1 hr.
- Voltage Requirements: 110-120V
- Telephone Code: 868 country code
- Currency Exchange: \$1 US = \$6.79 Trin dollar (TTD)